

Your life is always headed in the direction of your strongest thoughts.

Key Passages:

Psalms 19 | Matthew 7:24-27 | Isaiah 55:8-9

Three Steps to Direct Your Thoughts Toward God:

1. Recognize your strongest thoughts.
 2. Replace lies with God’s truth.
 3. Renew your mind daily.
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21 Days of Prayer Challenge:

Starting January 1, join us for 21 Days of Prayer!

- Write "21 Days" on your Connect Card today to commit.
- Receive your **Prayer Guide** by email or pick up a copy in the Next Steps area.
- Let’s begin the year by aligning our thoughts with God’s Word and seeking His direction.

✓ When you commit to prayer and thinking through God’s word, you build your life on a firm foundation.

TALK IT OVER

Discuss these questions with someone – a family member, friend, or LifeGroup member. Use any communication method that works best for your situation.

1. **Reflection:** What thoughts have dominated your mind this past week? Are they leading you closer to God or pulling you away?
2. **Read Psalm 19:7-8:** How has God’s Word refreshed or guided you in the past? How can you let it refresh your thoughts this week?
3. **Read Matthew 7:24-27:** What does it look like to build your life on the "rock"? What practical steps can you take to put Jesus’ words into practice?
4. **Read Isaiah 55:8-9:** How does knowing that God’s thoughts are higher than ours help you trust Him in uncertain situations?
5. **Application:** How will you commit to 21 Days of Prayer? What specific time or space will you set aside for prayer and Scripture each day?
6. **Encouragement:** Who in your life might benefit from joining you in 21 Days of Prayer? How can you invite them to join?



NEXT STEPS
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