



“Before it Gets Better: This Won’t Be Forever”

Chris Moghtaderi | 07/12/26

Palm 30:5 | Isaiah 26:16-21 | Isaiah 66:7-14 | Romans 8:18-25

Big Idea:

Sorrow is _____, but in Jesus it’s not _____.

Pain _____ the waiting. Hope _____ the waiter.

Sometimes, the _____ can leave us _____.

Sometimes, there will be _____ before _____.

Lament was not a _____ or _____ emotion. It was often _____ and thus, _____.

Jesus doesn’t merely _____ sorrow with joy. He _____ it.

The joy Jesus gives is not _____ because it is _____ in _____.

Jesus moves His disciples from _____ to _____.

Full joy grows where _____ prayer becomes _____.

We can be honest about _____ without _____ to despair.

In Jesus, sorrow is _____ but it’s not _____.

Challenge: Name the sorrow, reject the lie of forever, ask the Father, and look for resurrection hope in the middle.

Go deeper on this topic this week
with Waypoint’s Daily
Devotional Podcast:



Talk It Over: “This Won’t Be Forever”

Discuss these questions with someone – maybe a family member, friend, or member of your LifeGroup. Use a communication method that works best for your situation.

To Start Things Off:

Share about a time when a difficult season felt like it was never going to end. What helped you keep going?

 Dig Deeper

Read John 16:16-24

- Why do you think Jesus told His disciples ahead of time that sorrow was coming?
- Jesus says, “Your sorrow will turn into joy.” What is the difference between Jesus removing sorrow and Jesus transforming sorrow?
- How does the image of childbirth help us understand pain, waiting, and future joy?
- Why is it hard to believe “this won’t be forever” when you are still in the middle of it?

Read Psalm 30:5

- What stands out to you about the contrast between weeping for the night and joy in the morning?
- How does this verse remind us that pain can be real without being final?

Read Romans 8:18-25

- How does Paul help us see present suffering in light of future glory?
- What does it look like to wait with hope instead of despair?
- How does Christian hope give us strength without pretending everything is okay?

 Personal Reflection

- Where do you need to be reminded right now that your current season is not the whole story?

July Memory Verse: Philippians 4:13