

“Before it Gets Better: When Peace Feels Impossible”

Chris Moghtaderi | 07.26.26

John 16:25-33 | John 5:4-5 | John 14:27 | Psalm 46 | Isaiah 9:6-7
| Isaiah 53:5 | | Romans 5:1-5 | Philippians 4:4-9

Big Idea:

Peace cannot be switched on by _____.

We usually wait for peace _____ us.

Jesus offers peace to people He already knows are _____.

Jesus gives enough _____ to trust, not enough to _____.

Peace begins when we stop being _____ by our need.

Jesus tells the truth about _____, but He is also the Shepherd who _____.

Christian peace is not a _____, it's _____ located in Jesus.

_____ does not mean Jesus has failed.

Courage comes from Jesus's _____. Not our _____.

Challenge: Bring the real trouble to the real Jesus and allow others to walk alongside you.

Go deeper on this topic this week
with Waypoint's Daily
Devotional Podcast:



Talk It Over: “This Won’t Be Forever”

Discuss these questions with someone – maybe a family member, friend, or member of your LifeGroup. Use a communication method that works best for your situation.

To Start Things Off:

Share about a time when life felt chaotic, but someone’s presence helped you feel steady. What made the difference?

 Dig Deeper

Read John 16:25-33

- Why do you think Jesus tells His disciples they will scatter, even though they believe they are ready to stand with Him?
- Jesus says, “In me you may have peace.” What is the difference between peace in Jesus and peace from our circumstances?
- What stands out to you about Jesus saying, “Take heart; I have overcome the world”?
- How does Jesus’ honesty about trouble help us trust His promise of peace?

Read Isaiah 9:6-7

- Jesus is called the Prince of Peace. How does this deepen our understanding of the peace He gives?
- Why is biblical peace more than just the absence of conflict?

Read Philippians 4:4-9

- What does Paul tell believers to do when anxiety is present?
- How do prayer, gratitude, and truthful thinking help us receive the peace of God?
- What is one thought you may need to surrender or replace with what is true?

 Personal Reflection

- Where do you need the peace of Jesus in the middle of trouble, not just after trouble is gone?

July Memory Verse: Philippians 4:13